

# LUNCH MENU

## SALADS & SOUPS

<b>MIKE'S PEAR SALAD</b> organic mixed greens, hearts of romaine, d'anjou pear, dried cranberries, gorgonzola, candied walnuts, raspberry vinaigrette	12
<b>TRADITIONAL CAESAR SALAD WITH FREE RANGE CHICKEN OR BAY SHRIMP</b> hearts of romaine, shaved parmesan cheese, Caesar dressing, croutons	12
<b>WALNUT GORGONZOLA SALAD</b> hearts of romaine, candied walnuts, fuji apple, house vinaigrette	12
<b>COBB SALAD</b> hearts of romaine, free range chicken, applewood bacon, avocado, gorgonzola, sliced hard boiled egg, vine ripe tomato, house vinaigrette	13
<b>GREEK SALAD</b> organic mixed greens, red onion, roma tomato, kalamata olive, artichoke hearts, feta cheese, balsamic vinaigrette	12
<b>10 SPICE WILD SALMON SALAD</b> ten spice crusted salmon, organic baby spinach, scarborough frisee, arugula, chervil, roasted red pepper, fried caper berries, Sonoma goat cheese, sherry vinaigrette	14
<b>THAI BEEF SALAD</b> charred rare marinated skirt steak, herb organic greens mix, nappa cabbage, carrot, cucumber, bell pepper, crisp rice noodle, spicy peanut vinaigrette	13
<b>SHRIMP LOUIE</b> hearts of romaine, bay shrimp, vine ripe tomato, avocado, Louie dressing	13
<b>CHINESE CHICKEN SALAD</b> grilled free range chicken, herb organic greens mix, nappa cabbage, carrot, celery, bell pepper, crisp rice noodle, peanuts, sesame soy vinaigrette	12
<b>SALAD NICOISE</b> seared rare Ahi tuna, organic mixed greens, red potato, kalamata olives, blue lake beans, slice hard boiled egg, house vinaigrette	14
<b>STUFFED AVOCADO SALAD</b> choice of albacore tuna <i>or</i> bay shrimp salad, organic mixed greens, house vinaigrette	14
<b>DAILY SOUP</b>	cup 4 / bowl 6
<b>SOUP &amp; SALAD</b> bowl of soup & half Mike's pear salad or Caesar salad	11

## SANDWICHES

served with a choice of French fries or fresh fruit

<b>ALBACORE TUNA SALAD</b> house made tuna salad, leaf lettuce, vine ripe tomato, wheat or sourdough	10
<b>BAY SHRIMP SALAD</b> bay shrimp salad, leaf lettuce, vine ripe tomato, wheat or sourdough substitute crab	12 14
<b>CRANBERRY DILL TURKEY</b> Norbest roast turkey, cranberry dill aioli, watercress, Havarti, ciabatta roll	10
<b>APPLEWOOD B.L.T</b> applewood bacon, vine ripe tomato, leaf lettuce, red pepper aioli, ciabatta roll add . . . avocado	10 12
<b>MIKES BIG CLUB</b> Norbest roasted turkey, applewood bacon, leaf lettuce, vine ripe tomato, 3 slices toasted bread, choice of wheat or sourdough	11
<b>CHICKEN &amp; APPLE</b> chicken breast, fuji apple, red onion, watercress, gorgonzola, honey dijon aioli, ciabatta roll	11
<b>ROAST BEEF &amp; BLEU</b> Casino roast, Shafts bleu cheese, roasted red pepper, red onion, arugula, red pepper aioli, ciabatta roll	11
<b>PANINO CAPRESE</b> vine ripened tomato, buffalo mozzarella, basil, arugula, balsamic vinegar, ciabatta roll	10

## GRILLED SANDWICHES

<b>ALBACORE TUNA MELT</b> house made tuna salad, sliced tomato, cheddar, jack or gruyere, wheat or sourdough	10
<b>SEARED AHI</b> leaf lettuce, vine ripe tomato, red onion, soy ginger aioli, sesame bun	11
<b>CHIPOTLE CHICKEN</b> grilled free range chicken, avocado, leaf lettuce, vine ripe tomato, jack, chipotle spiced aioli, ciabatta roll	11
<b>CAFE BURGER</b> ground chuck burger, leaf lettuce, vine ripe tomato, red onion, sesame bun substitute Garden Burger add fixin's . . . cheddar, swiss, jack, gorgonzola, provolone applewood bacon or avocado	10 11 13

over for more sandwiches, pasta, entrées & beverages

# PANINI

(grilled pressed sandwiches)

<b>CRAB</b> house made crab salad, watercress, Monterey jack, ciabatta roll	12
<b>PORTOBELLO MUSHROOM</b> fresh mozzarella, caramelized onion, vine ripe tomato, arugula, basil pesto, ciabatta roll	11
<b>ROAST PORK</b> arugula, roasted red pepper, Dijon aioli, ciabatta roll	11

# PASTA

<b>5 CHEESE BAKED SHELLS</b> cheddar, American, mozzarella, gruyere, parmesan, goat, gorgonzola, cream, roasted walnut Italian bread crust	12
<b>SAUSAGE PENNE AL FORNO</b> Italian sausage, roasted Gilroy garlic, caramelized onion, roma tomato, herbs, marinara, fresh mozzarella, parmesan, Italian bread crust, oven baked	12
<b>SPINACH AND RICOTTA RAVIOLI</b> fresh roma tomatoes, marinara sauce	12
<b>3 CHEESE TORTELLONI</b> roasted Gilroy garlic, caramelized onion, roma tomato, basil, marinara, Sonoma goat cheese	12
<b>PORCINI MUSHROOM &amp; THYME RAVIOLI</b> grilled free range chicken, red onion, prosciutto, roma tomato, mushroom, sherry sage cream	13
<b>ABSOLUTE SALMON FETTUCINE</b> red onion, peas, roma tomato, vodka cream sauce, chive, crème fraiche, spinach	15
<b>TIGER PRAWN LINGUINE</b> olive oil, Gilroy garlic, herbs, chardonnay, lemon, sweet butter	14
<b>BABY CLAM LINGUINE</b> olive oil, Gilroy garlic, herbs, chardonnay, lemon, sweet butter	12
<b>FREE RANGE CHICKEN AND BROCCOLI PENNE</b> olive oil, Gilroy garlic, sundried tomato, chardonnay, sweet butter	13
<b>GREEK STYLE PENNE</b> olive oil, Gilroy garlic, red onion, capers, kalamata olives, artichoke hearts, basil, roma tomato, feta	12
<b>HOUSE MADE ITALIAN SAUSAGE LASAGNE</b> ricotta, provolone, parmesan, light cream marinara	13
<b>EGGPLANT PARMESAN</b> baked eggplant, provolone, parmesan, light cream marinara	13
<b>SPAGHETTI</b> traditional house made marinara, Italian sausage	12

# ENTRÉES

<b>ALASKAN COD FISH &amp; CHIPS</b> panko crust, tartar sauce, French fries	13
<b>PAN SEARED WILD SALMON</b> chardonnay buerre blanc, wild rice pilaf, seasonal vegetables	18
<b>PETRALE SOLE DORE</b> citrus buerre blanc, wild rice pilaf, seasonal vegetables	18
<b>FREE RANGE CHICKEN PICATTA</b> paillard of chicken breast, lemon, capers, Gilroy garlic, chardonnay, sweet butter, wild rice pilaf, seasonal vegetables	16
<b>VEAL PICATTA</b> lemon, capers, Gilroy garlic, chardonnay, sweet butter, wild rice pilaf, seasonal vegetables	17
<b>CHAR GRILLED MARINATED SKIRT STEAK</b> soy ginger Gilroy garlic marinade, crisp onion rings, bistro fries, seasonal vegetables	18
<b>NY STEAK FRIT</b> grilled NY steak, bistro fries, seasonal vegetables	20
<b>LADERA QUICHE W/ MIKE'S PEAR SALAD</b> spinach, roasted mild pasilla pepper, gruyere; organic mixed greens, d'anjou pear, dried cranberries, gorgonzola, candied walnuts, raspberry vinaigrette	12

# BEVERAGES

Fresh Squeezed Orange Juice or Grapefruit Juice	sm 2 <sup>50</sup> lg 4 <sup>00</sup>
Cranberry, Apple or Tomato Juice	sm 2 <sup>00</sup> lg 3 <sup>00</sup>
Milk, Iced Tea, Lemonade, Coke, Diet Coke, Sprite, Root Beer, Giner Ale	2 <sup>25</sup>
Strawberry or Raspberry Torani Italian Sodas	3 <sup>50</sup>
Organic French Roast Coffee	2 <sup>50</sup>
All teas organic Numi	
Orange Spice, Breakfast Blend, Simply Mint, Earl Grey, Gunpowder Green, Herbal Chamomile, Ruby Chai, Berry Black	2 <sup>50</sup>
Espresso 2 <sup>25</sup> , Cappuccino 3 <sup>00</sup> , Latte 3 <sup>50</sup> , Mocha 4 <sup>00</sup> , Hot Chocolate 3 <sup>50</sup> (double shot add 1 <sup>00</sup> )	